



Strides for Education 5K Run/Walk 10TH ANNIVERSARY/ October 26, 2025

The Strides for Education 5K Run/Walk has become a cherished tradition in Morris Plains, drawing serious runners, runners-in-training, walkers and a wide range of community teams. Sponsored by the Education Foundation of Morris Plains, the run supports innovation in education for all students in the Morris Plains School District.

Can you help our runners and walkers by donating some of the items below?



FRUIT



WATER



PROTEIN BARS

TYPE OF DONATION:

Address:

Phone #: _____

FOR PICKUP, please call

Name and phone number:

Thank you!

www.educationfoundationmp.com